

IMPACT YOUR PERFORMANCE IN 9 HOURS

Delphinus offer high impact, solution focused coaching.

Working with individuals motivated to progress and develop and recognise that coaching can facilitate their growth efficiently and effectively.

We work to support individuals and teams to identify how they can increase their performance, develop and maintain the skills required and apply and embed them into their everyday requirements.



OUR COMMITMENT TO YOU

- Brief Coaching Intervention
- Solution Focused
- Identify where you want to be
- Resolution to meet your goals
- 9 hours One to One
- First session guaranteed face to face
- Unlimited email support
- Phone support in between sessions
- Sustainable change through action

Impact Coaching Package - 9 hours

YOUR COMMITMENT

- Realise you have a short term issue
- Motivation to resolve the issue
- Commit to your sessions

INVESTMENT: £1,035 PLUS VAT



IMPACT CASE STUDY

SUE IN 9 HOURS

THE ISSUE

- One negative delivery in a presentation knocked her confidence and ability to deliver thereafter

THE PROCESS

- Looked at how she behaved and reacted around the issue
- Identified her feelings to the issue
- Clarified the goal and where Sue wanted to get to
- Identified more than one resolution
- The solutions came from Sue's existing abilities and skills
- Inaction with the solution to embed the change

THE RESULT

- Confident presentations and training delivery
- Small changes working in enhanced performance

"It gave me the determination to change the way I usually react to things... Changing your inbuilt default settings is not easy, but... I have given myself permission to achieve what is possible"

BRIEF, CONCISE, EFFECTIVE